










Lester D. Wilson School



Maschio's Food Services, Inc.

February 2010 Menu

Healthy Meals Grow Healthy Kids!

	Tuesday	Wednesday	Thursday	Friday
1 Pizza Dippers w/Sauce Fruit Juice Vegetable Fruit Beverage	2 Grilled Cheese Tomato Soup Carrots w/Dip Fruit Beverage	3 Tacos w/Cheese Rice Salsa Fruit Beverage 	4 Mini Corn Dogs French Fries Vegetable Fruit Beverage 	5 Pan Pizza Caesar Salad Fresh Fruit Fruit Beverage
8 Nachos w/Cheese & Beef Rice Pineapple Beverage 	9 Mac & Cheese Vegetable Bread Fruit Beverage	10 Chicken Tenders Buttered Noodles Broccoli Whole Grain Dinner Roll Fruit	11 Olympic Heart Health Big Daddy's Pizza Caesar Salad Fruit Juice Beverage  	SCHOOL CLOSED 
15  Washington Lincoln SCHOOL CLOSED	16 CHINESE NEW YEAR Popcorn Chicken w/ Sweet & Sour Sauce on side Rice Stir Fry Veggies Pineapple Fortune Cookie 	17 Pancakes w/Sausage & Hash Browns Orange Juice Beverage	18 Chicken Pattie on Bun Pickles Lettuce & Tomato French Fries Fruit Beverage	19 Stuffed Crust Pizza Fruit Juice Fruit & Salad Bar Beverage 
22 Mozzarella Sticks w/ Sauce Green Beans Garlic Bread Fruit & Beverage	23 Grilled Chicken Pattie on Bun Tator Tots Green Beans Fruit & Beverage	24 Pasta W/Meat Sauce Garlic Bread Green Beans Fruit Beverage 	25 Chicken Nuggets Dinner Roll Mashed Potatoes Corn Fruit & Beverage 	26 Pan Pizza Tossed Salad Juice Beverage
Fruit of the Month 	School Lunch 	In case of a delayed opening lunch will be pizza., vegetable, fruit and beverage.	Veggie of the Month 	Please purchase lunch tickets on Monday or Tuesday. Checks should be made out to: Alexandria Twsp. Bd.

Complete Lunch \$3.25
Adult Lunch \$3.75

"SIDEKICKS"

Milk \$.50
Spring Water \$1.00
Iced Tea \$.75
Hot Pretzel \$.75
Baked Chips \$.75
Soup \$1.50
Cookie \$.25
Fresh Fruit Cup \$1.00
Ice Cream \$.75-\$1.25

Sandwich Lunch

Mon & Tues Pizza
Wed Thurs & Fri Egg
Salad Sand
CHICKEN PATTIE ON
BUN-DAILY
Salad, Fruit Bar, &
Beverage

Available Daily

SALAD EXPRESS \$3.25

Salad Platter with fresh vegetables, various proteins, breads and fruits. Beverage In-



SALAD & FRUIT BAR

Choice of salad greens, toppings, fresh fruit, or canned fruit in natural juice and condiments.

Choice of flavored or unflavored, whole, low fat milk, spring water.

BAGEL LUNCH AVAILABLE
DAILY-Bagel, Cheese Stick, Yogurt, fruit & drink



BEST BUY *Complete Lunch...Only \$3.25
Includes Vegetable, Fruit or Juice and Milk

Lunch Tickets Available in the Cafeteria
5 Meals \$16.25

Please visit us at
www.maschiofood.com